Fresh start at New Schools

for Year 7 Students

For the 2017 Year 6 students, starting the 2018 school year will undoubtedly be an exciting experience as they will start the new term as a secondary school student. It is natural to feel nervous when the students first arrived at the new school. Here are few tips students can take to make sure they are well prepared to start their study at their new school.

Make necessary preparations. Get your stationaries ready by putting all needed items in your bag the night before and bring necessary books.

Get enough sleep for your first day of school. Enough rest will charge you up to face a new day.

Eat the right amount of breakfast. Avoid eating too much and food that can lead to stomach ache in the morning. Eat enough to keep you energised throughout the day.

When you arrive at school, know the location of your class. Get to know your teachers. This will pave way for better learning experience throughout the year.

Make new friends. Although you might meet your old friends from primary school, make at least 2 new friends to extend your network and socialize. Secondary school will involve a lot of new activities and subjects, working in teams and groups are one of them and it's good to know all your classmates.

Start planning for your study. You will have more subjects to learn compared to primary school. There will be more textbooks to bring and read. Hence, prepare a timetable to ensure you know which books to bring to school and set a timetable at home, too.

When in class, ask questions and don't be shy. The more you speak in class, the more confident you will get. Secondary school life will involve projects and tasks that require individual or group presentation, this can help boost your self-confidence in public speaking.

Lastly, be more independent. Now that you are in secondary year, you will need to be more responsible in organising your own work study. It is important to know your schedule and be consistent throughout the year.